

October Flu Shot Clinics

| Clinic Date | Department | Clinic Time | Building Address | Room Name |
|-------------|---|--------------------|--|-------------------------------|
| 10/07/09 | All/Benefits Fair | 9:30A – 2:30P | City Hall, 600 4th Avenue | Bertha Landes |
| 10/08/09 | Parks/RDA | 12N – 1:00P | 800 Maynard Ave S. 98134 | 2nd Fl Conf. Rm |
| 10/13/09 | All/Benefits Fair – Rainier Comm. Center | 7:30 – 10:30A | Rainier Community Center 4600 38th Ave S | Gym |
| 10/14/09 | City Light | 3 – 5 P | S Service Center 3613 4 th Ave. S | Gym |
| 10/15/09 | Parks/HQ | 12N – 1:00P | 100 Dexter Ave N 98109 | Board Room |
| 10/15/09 | All/Benefits Fair – Bitter Lake Comm. Center | 7:30 – 10:30A | Bitter Lake Community Center 13035 Linden Ave N | Gym |
| 10/20/09 | SPU All Hands Meeting | 7:30 – 8:30 A | Joint Training Facility 9401 Myers Way W 98108 | Rooms 1 & 2 |
| 10/20/09 | FFD/multiple Dpt/SDOT | 10 –11 A & 5–6P | FFD Charles Street 805 S. Charles St. | Conf. Rm/ upstairs |
| 10/21/09 | Seattle Center | 1:30 – 4:00P | Seattle Center House 305 S. Harrison | Conf. Rm 104 |
| 10/22/09 | All City Employees | 7:30A – 4:30P | Seattle Municipal Tower 700 5th Avenue | Room 4050/4060 |
| 10/22/09 | Parks/Wellness Fair | 11:30A – 1:30P | SW Community Center 2801 SW Thistle | Multipurpose RM |
| 10/27/09 | Seattle Public Utilities | 9:15–10:30A | Cedar Falls/Cedar River Water– shed | Snoqualamie RM |
| 10/28/09 | Fleets/Police/SPU | 3 – 5 P | Airport Way Center/Park 95 | Building B/ large Conf. Rm |
| 10/28/09 | DEA/Animal Shelter | 11A – 12P | Animal Shelter 2061 15 th Ave W | Upper Conf. Rm |
| 10/29/09 | All City Employees | 7:30A – 4:30P | Seattle Municipal Tower 700 5th Avenue | Room 4050/4060 |

November Flu Shot Clinics

| Clinic Date | Department | Clinic Time | Building Address | Room Name |
|-------------|--------------------|---------------|--|----------------|
| 11/05/09 | All City Employees | 7:30A – 4:30P | Seattle Municipal Tower 700 5th Avenue | Room 4050/4060 |
| 11/13/09 | Seattle Police Dpt | 7 – 9 P | West Precinct 810 Virginia St. (call on-site contact for parking) | Roll Call Room |
| 11/18/09 | Seattle Police Dpt | 10A – 12P | West Precinct 810 Virginia St. (call on-site contact for parking) | Community Rm |

Myth –“A flu shot can cause the flu.”

Fact - The flu vaccine cannot cause the flu. Injectable flu vaccines are made from influenza viruses that have been killed, and a killed virus cannot give you the flu.

~ Centers for Disease Control